



MARMARA ÜNİVERSİTESİ

TIP FAKÜLTESİ

FAZ -2 KLİNİK EĞİTİM PROGRAMI

ÇOCUKTAN YAŞLILIĞA YAŞAM BOYU SAĞLIK BLOĞU
PROGRAMI



MARMARA UNIVERSITY

SCHOOL OF MEDICINE

PHASE-2 CLINICAL EDUCATION PROGRAM

LIFELONG HEALTH BLOCKPROGRAM

Blok KoordinatörLERİ / Coordinators of Block

Prof, Önder KAYHAN&Prof, Harika ALPAY

Yaşam Boyu Sağlığın Geliştirilmesi Prog. Koordinatörü **Çocuk Hastalıkları Staj Prog. Koordinatörü**
(Coor. of Development of Lifelong Health Prog.) (Coor. of Pediatrics Dis. Clerkship Prog.)

Assoc. Prof, Serap ÇİFÇİLİ

Assoc. Prof, Perran BORAN

Faz-2 Koordinatörleri / Phase-2 Coordinators

Assoc. Prof, Dilek YAZICI & Evrim K. SAYGI (4. Yıl / Year 4)

Assoc. Prof., Fuat DEDE (5. Yıl / Year 5)

**Blok /
Staj Programlarından Sorumlu Başkoordi
natör Yardımcısı / Vice-Chief
Coordinator (Clerkship / Internship
Programs)**

Assoc. Prof., Faysal DANE

**Değerlendirmeden Sorumlu Baş
koordinatör Yardımcısı / Vice-
Chief Coordinator
(Assessment)**

Assoc. Prof., Hasan YANANLI

**Öğrenci İşlerinden Sorumlu Başkoordi
natör Yardımcısı / Vice-Chief
Coordinator (Students' Affairs)**

Assist. Prof., Can ERZİK

Klinik Eğitim Dönemi Başkoordinatörü / Chief Coordinator (Clinical Education)

Prof., Hakan GÜNDÜZ

**Tıp Eğitimini Değerlendirme ve Geliştirme Üst Kurulu (TEGEK) Eş-Başkanları /
Co-Coordiators of Medical Education Program Evaluation and Development Commission**

Prof., Berrak Ç. YEĞEN & Prof., Sibel KALAÇA

Eğitimden Sorumlu Dekan Yardımcısı

/ Vice Dean (Education)

Prof., Ümit S. ŞEHİRLİ

Dekan / Dean

Prof., Ömer GÜNAL

**YAŞAM BOYU SAĞLIĞIN GELİŞTİRİLMESİ (6 HAFTA) /
DEVELOPMENT OF LIFELONG HEALTH (6 WEEK)**

COORDINATOR ANABİLİM / BİLİM DALLARI (COORDINATOR DEPARTMENTS)	KATKI VEREN ANABİLİM/BİLİM DALLARI (SUPPORTER DEPARTMENTS)	
Çocuk S. ve Has./Pediatrics Aile Hekimliği/Family Medicine Çocuk Ruh S. ve Has/Child Psychiatry Fizi Tedavi ve Reh./Physical Medicine and Rehabilitation	Nöroloji/Neurology Ruh S. ve Has/Psychiatry Halk Sağlığı/Public Health Çocuk Cerrahisi/Child Surgery Göğüs Has/Chest Medicine Adli Tıp/Forensic Medicine	Fizyoloji/Physiology Enf. Has/Infectious Diseases Tıp Eğitimi/Medical Education Hemşirelik/Nursing School Dişçilik/Dentistry School
TÜM PROGRAMLAR İÇİN ORTAK ANABİLİM DALLARI / LINES Tıbbi Biyokimya/Biochemistry Odyoloji/Audiology R. Onkolojisi/Radiation Oncology Tıbbi Onkoloji/Medical Oncology		
STAJ PROGRAMI ÖĞRENİM HEDEFLERİ <ul style="list-style-type: none">• Büyümeyi yaş ve cinsiyete göre oluşturulmuş büyüme eğrileri kullanarak değerlendirme• Büyüme gelişme bozuklukları olan çocuğun ayırıcı tanısını listelemeye değerlendirme• Anne sütünün önemini özellikle vurgulayarak yaşa ile uyumlu uygun beslenme önerileri sunma• Yaşamı tehdit eden; ani bebek ölümü sendromu gibi durumları önleme ve zehirlenmeler, yaralanmalar, düşmeler ve tıkanma gibi durumların süpervizyonu konusunda yaşa uygun öneriler sunma• Yaşa uygun sağlam çocuk izleminin bileşenlerini sıralama, sağlığın geliştirilmesi, hastalık ve yaralanmaların engellenmesi konusunda öneriler sunma, tarama araçlarını kullanma ve aşılama durumunu değerlendirme• Bilişsel gelişim basamaklarını tanımlama• Ders başarısızlığı ve diğer okul sorunları nedeniyle başvuran çocukların, hangi	LEARNING OBJECTIVES of CLERKSHIP PROGRAM <ul style="list-style-type: none">• To assess growth and plot the data on age and sex appropriate growth charts• To list the differential diagnosis and evaluation of child with growth and development disorders• To provide age appropriate nutritional advice to families with special emphasis on breastfeeding• To provide age appropriate anticipatory guidance to prevent life threatening conditions such as sudden infant death syndrome, supervision to prevent intoxications, injuries, falls and choking• To list the components of age appropriate pediatric health supervision visit including health promotion and disease and injury prevention, the use of screening tools, and assessment of immunization status.• To define the stages of cognitive development• To know when to guide the children,	

<p>durumlarda çocuk psikiyatrisi kliniğine yönlendirilmesi gerektiğini bilme</p> <ul style="list-style-type: none"> • Çocuk ve ergenlerde sık görülen uyku ve kaygı bozukluklarını tanıma • Ergenlikte sık karşılaşılan ruhsal sorunları tanımlama ve psikopatoloji açısından risk altındaki bireyleri ayırt etme • Çocuk istismarının risk faktörlerini bilme, çocuk istismarı şüphesi uyandıran öykü ve fizik muayene bulgularını tanıma • Periyodik sağlık muayenesini tanımlama ve tüm yaş gruplarında uygulama • Erişkin bireye kişisel risk faktörleri ve epidemiyolojik bilgiler doğrultusunda uygun koruyucu önlemleri önerme • Kadınların yaşam döngüsü ile ilişkili olası mental sağlık sorunlarını sıralama • Sağlıklı bireylerde ve özel gruplarda önerilebilecek egzersiz tiplerini bilme ve egzersiz öncesi tarama testlerini sıralama • Spor yaralanmalarında ilk müdahaleyi ve uygun yönlendirmeyi yapma • Sigara bırakma danışmanlığı sunma • Riskli davranışları tarayabilmek ve uygun şekilde yönlendirme • Obeziteden koruyucu önlemleri önerme • Sağlık çalışanlarının karşılaştığı mesleki riskleri tanıma ve uygun önlemleri alma • Riskli grup olarak ileri yaştaki bireylere yönelik koruyucu önlemleri alma • İleri yaştaki bireylerde sık görülen sendromları tanıma ve yönetme <ul style="list-style-type: none"> • Sağlığın geliştirilmesi kavramını tanıma ve bir ilke olarak benimseme 	<p>with school failure and other school problems, to child psychiatry clinics</p> <ul style="list-style-type: none"> • To define the disorders of sleep and anxiety disorder that are frequently encountered in children and adolescents. • To define common psychiatric problems of adolescence and to distinguish the individuals who are at risk for developing psychopathology. • To know the risk factors for child abuse and recognize the findings in history and physical examination that suggest child abuse • To define "periodic health examination" and perform to all age groups. • To recommend necessary preventive services to an adult considering his/her personal risk factors and local epidemiologic data. • To list the probable mental health problems related to life cycle of women. • To know the exercise types which could be recommended to healthy people and special groups and list necessary screening tests before starting an exercise program. • To manage initial treatment of sports injuries. • To counsel smokers adequately and offer help for smoking cessation. • To screen risky behavior and manage appropriately. • To recommend preventive methods against obesity. • To recognize occupational health risks of healthcare workers and to take necessary precautions. • To offer necessary preventive services to the elderly as a risk group. • To recognize frequent syndromes of the elderly and manage appropriately. <ul style="list-style-type: none"> • To know "health promotion" as a concept and to act accordingly.
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OKUMA/ÇALIŞMA MATERYALLERİ (READING/STUDYING MATERIALS)

1. Hagan JF, Shaw JS, Duncan PM, eds. 2008. Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, Third Edition. Elk Grove Village, IL: American Academy of Pediatrics.
2. Kliegman RM, Stanton BF, ST. Geme JW, Schor NF, Behrman RE, eds. 2011. Nelson Textbook of Pediatrics, nineteenth Edition. Philadelphia.
3. ULUSAL KANSER PROGRAMI 2009-2015 T.C. SAĞLIK BAKANLIĞI KANSERLE SAVAŞ DAİRESİ BAŞKANLIĞI Nisan-2009. Ulusal Kanser Tarama Standartları. <http://www.istanbul.saglik.gov.tr/w/sb/kanser/ketem.asp>
4. Agency for health care research and quality <http://epss.ahrq.gov/ePSS/Topics.do>
5. Abacı A. Kardiyovasküler risk faktörlerinin ülkemizdeki durumu. Türk Kardiyol Dern Arş - Arch Turk Soc Cardiol 2011; 39:1-5 PMID: 22011566
6. Türkiye kalp ve damar hastalıklarını önleme ve kontrol programı.

<http://www.ihs.gov.tr/ihs-kronik/dosya/TurkiyeKalpDamarHastaliklariOnlemeKontrolProgrami.pdf>

7. R. Öztürk ERİŞKİNDE BAĞIŞIKLAMA. İstanbul Üniversitesi Cerrahpaşa Tıp Fakültesi Sürekli Tıp Eğitimi Etkinlikleri No: 71 Çocuk ve Erişkinlerde Aşılama Kasım 2010.
8. Australian Guidelines for preventive activities in general practice (7th edition). <http://www.racgp.org.au/your-practice/guidelines/redbook/>
9. Preventive Services for adults. www.icsi.org
10. Aile Hekimleri için Yaşlı Sağlığına Bütüncül Yaklaşım. Çifçili S (ed). Deomed, İstanbul 2011.
11. Comprehensive textbook of psychiatry Sadock ve Sadock, 8. Baskı cilt 1 ve 2 çev. Editorleri: Hamdullah Aydın ve Ali Bozkurt. Günes Kitabevi

HEALTH ACROSS LIFESPAN: Child and Adolescent Health - Group A

1st WEEK: Sep 15 -19, 2014

	Monday	Tuesday	Wednesday	Thursday	Friday
08:30-09.15	Introduction and orientation Serap Çifçili, MD	On-the-job learning and assessment session Physical Examination History Taking Barış Yılmaz, MD A1,A2 Ela Erdem, MD A3,A4 Zeynep Atay, MD A5,A6			
09.30-10.15	Lecture History taking Işıl Barlan, MD		Lecture Newborn physiology Hülya Bilgen, MD	Lecture Sudden infant death Perran Boran, MD (L)	Lecture Baby Room Care Hülya Bilgen, MD
10.30-11.15	Practice: History taking Outpatient Clinics		Maternal service A1, A2	Maternal service A3,A4 Well child A1	Maternal service A5,A6 Well child A2
11.30-12.15	Practice: History taking Outpatient Clinics			Well child A1	Well child A2
13.15-14.00	Practice Physical Examination Outpatient Clinics	Learning and assessment for the professionalism	Free Study Time	Multidisciplinary learning session Growth in children Perran Boran (PC), MD Neurologic development in children Olçay Ünver, MD Cognitive development in children Tuğba Bahadır, MD	Diagnostic procedures Neonatal Screening Programs Hülya Bilgen MD Biochemical tests Goncagül Haklar; MD Önder Şirikçi, MD A. Süha Yalçın, MD Audological tests Ayça Çiprut, MD
14.15-15.30	Practice Physical Examination Outpatient Clinics				
15.45-16.30					

HEALTH ACROSS LIFESPAN: Child and Adolescent Health - Group A

2nd WEEK: Sep 22-26 2014

	Monday	Tuesday	Wednesday	Thursday	Friday
08.30-09.15	Lecture Growth and development disorders Abdullah Bereket, MD	On-the-job learning and assessment session Baby Room Care	Lecture Mendelian Disorders Non-Mendelian Disorders Nursel Elçioğlu, MD	Lecture Neonatal Examination ErenÖzek, MD	Lecture Neuromotor psychosocial developmental and mental retardation DişadTürkdoğan; MD
09.30-10.15	Lecture Congenital hypothyroidism Abdullah Bereket, MD		Clinical Tutorial Genetics Nursel Elçioğlu, MD	Lecture Risky Newborn ErenÖzek, MD	Lecture Malnutrition Deniz Ertem, MD
10.30-11.15	Well child A3		Genetic Outpatient	Clinical Tutorial Evaluation of vital signs in children, heart murmur Figen Akalın, MD	Well child A6
11.30-12.15	Well child A4		Genetic Outpatient	Well child A5	Well child A6
13.30-14.15	Lecture Breastfeeding Counselling (Certified) Perran Boran, MD	Learning and assessment for the professionalism	Lecture Neurological exam OLcay Ünver, MD	Multidisciplinary learning session The feeding of infants and children Perran Boran (PC), MD Engin Tutar, MD Healthy feeding principles Perran Boran, MD Engin Tutar, MD	Multidisciplinary learning session Sleep Refika Ersu (PC), MD Perran Boran, MD Neşe Perdahlı Fiş, MD /Ayşe Arman, MD Dişad Türkdoğan, MD
14.30-15.15	Practice Breastfeeding counseling		Lecture Neurological exam OLcay Ünver, MD		
15.30-16.15	Practice Breastfeeding counselling		Reflection session Bülent Karadağ, MD		

HEALTH ACROSS LIFESPAN: Child and Adolescent Health - Group A

3rd WEEK: Sep29-Oct3 2014

	Monday	Tuesday	Wednesday	Thursday	Friday
08.30-09.15	Immunization (child-adult) Mustafa Bakır, MD	On-the-job learning and assessment session Immunization Practice	Lecture School and the Child Osman Sabuncuoğlu, MD	Child rights for health professionals PerranBoran, MD	Neurobiological and psychosocial development in adolescence NeşePerdahlıFiş, MD
09.30-10.15			Lecture The Anxious Child Ayşe Arman, MD	Physiology of Puberty, Disorders of Pubertal Development Abdullah Bereket, MD	Psychiatric Evaluation of Adolescents NeşePerdahlıFiş, MD
10.30-11.15	Well Child Visits PerranBoran, MD		Outpatient Clinic Child Psychiatry	Outpatient Clinic Child Psychiatry	Outpatient clinic Physical Rehabilitation
11.30-12.15			Outpatient Clinic Child Psychiatry	Outpatient Clinic Child Psychiatry	Outpatient clinic Physical Rehabilitation
13.30-14.15	Lecture Protection from accidents and environmental hazards PerranBoran, MD	Learning and assessment for the professionalism	Diagnostic procedures Evaluation of Biochemical tests at different age groups SerapTuran, MD, GoncaHaklar, MD ÖnderŞirikçi, MD A.SühaYalçın, MD	Multidisciplinary learning session Child Abuse TolgaDağlı (PC), MD M. Akif İnanıcı, MD Perran Boran, MD Nilgün Erkek, MD NeşePerdahlıFiş, MD /Ayşe Arman, MD/ Tuğba Bahadır, MD	HOLIDAY
14.30-15.15	Lecture Pediatric rehabilitation Evrim Saygı, MD		Developmental tests Selda Küçük, Development Specialist	Midterm-evaluation Evaluation of clerkship program and the 2-week training process Program Coordinator	
15.30-16.15					

HEALTH ACROSS LIFESPAN: Child and Adolescent Health - Group A

4.WEEK: Oct 13-17, 2014

	Monday	Tuesday	Wednesday	Thursday	Friday
08-30-09.15	Lecture Periodic health examination Mehmet Akman, MD, Ali Serdar Fak MD	09:00-12:30 On-the-job learning and assessment session Preventive services for the adults Practice locations will be announced	Multidisciplinary learning session Exercise for healthy lifestyle Screening tests before starting an exercise program Özgür Kasımay, MD Önder Kayhan, MD	09:00-12:30 On-the-job learning and assessment session Preventive services for the adults Practice locations will be announced	Multidisciplinary learning session Management of child and adult obesity SerapTuran MD, Sibel Kalaça MD, PemraC.Ünalın, MD
09.30-10:15	Lecture Periodic health examination and health promotion Mehmet Akman, MD, Ali SerdarFak MD				
10.30-11.15	Preventive services for the adults Case discussion Mehmet Akman, MD, Ali SerdarFak MD		Lecture Exercise in special groups ÖnderKayhan, MD	Lecture Exercise in obesity management GülserenAkyüz, MD	
11.30-12.15			Lecture Sports injury ÖnderKayhan, MD		Pathologies of eating VolkanTopçuoğlu, MD
13.15-14.00	Lecture Life-cycle and women's mental health; premenstrual syndrome, menopause, postpartum period YıldızAkvardar, MD.	Learning and assessment for the professionalism	Lecture Personality development Volkan Topçuoğlu, MD	13:30-16:30 On-the-job learning and assessment session Preventive services for the adults Practice locations will be announced	Focused Course Counseling for smoking cessation Serap Çiçili, MD Pemra Ünalın, MD Çiğdem Apaydın Kaya, MD
14.15-15.00			Reflection session NeşePerdahlıFiş, MD Ayşe Arman, MD TuğbaBahadır, MD		
15:15-16:30					

HEALTH ACROSS LIFESPAN LIFESPAN: Child and Adolescent Health - Group A

5.WEEK: Oct 20 -24 2014

	Monday	Tuesday	Wednesday	Thursday	Friday
08-30-09.15	Lecture Preventive services for the adult Arzu Uzuner, MD FuldenYumuk, MD	On-the-job learning and assessment session	Practice evaluation Preventive Services For the Adults (Written exam)	09:00-11:15 On-the-job learning and assessment session Practice locations will ben announced	On-the-job learning and assessment session Comprehensive assessment of the elderly Practice Residency Home visit
09.30-10:15			Video Demonstration Physical examination of the elderly NeşeTuncer, MD SerapÇifçili, MD		
10.30-11.15	Clinical Tutorial Risky Behavior SibelKalaça, MD		Prevention of the elderly and Home visit Serap Çifçili. MD	Lecture Prevention of falls and osteoporosis Gülseren Akyüz, MD	
11.30-12.30	Lecture Health promotion in different settings SibelKalaça, MD				
13.30-14.15	Multidisciplinary learning session Safety of the health worker – prevention of risks Infection UluhanSili, MD Burn-out syndrome ÖzlemSarikaya, MD	Learning and assessment for the professionalism	Multidisciplinary learning session Physiologic changes of ageing elderly ÖzgürKasımay, MD	Lecture Use of herbalMedication ZaferGören, MD	Free study time
14.30-15.15			Comprehensive assessment of the elderly Serap Çifçili, MD	Lecture Ageing and public health IşılMaral, MD	
			Mental and neurologic assessment of the elderly NeşeTuncerElmacı, MD Dental Assessment		

HEALTH ACROSS LIFESPAN: Child and Adolescent Health - Group A

6.WEEK: Oct 27-31 2014

	Monday	Tuesday	Wednesday	Thursday	Friday
08-30-09.15	Multidisciplinary learning session Geriatric syndromes NeşeTuncerElmacı, MD Serap Çifçili, MD	On-the-job learning and assessment session Practice locations will be announced	HOLIDAY	On-the-job learning and assessment session Practice locations will be announced	Examination
09.30-10.15					
10.30-11.15					
11.30-12.15	Case discussion End of life care SıdıkaOğuz, Nurse				
13.30-14.15	Free Study Time	On-the-job learning and assessment session Practice locations will be announced	HOLIDAY	Free Study Time	PROGRAM EVALUATION Evaluation of clerkship program and the 6-week training process Program Coordinator
14.30-15.15					

