

MARMARA UNIVERSITY

FACULTY OF HEALTH SCIENCES

DEPARTMENT OF NUTRITION AND DIETETICS

Nutrition and Dietetics science is a discipline as a result of the interaction of health sciences, technological sciences and social sciences.

Throughout history scientific researches clearly demonstrated the importance of both "NUTRITION" on sustainability of health and "DIETETIC" on the treatment of various diseases

In this respect, nutrition and dietetics department aims making scientific studies in various fields such as planning diet for improving human health and high life quality, assesment of nutritional status and nutrition habits, implementation of the recommendations for enhance a nutritional status, identifying nutrition plans and policies, determination of nutrient requirements of different age groups, arrangement and implementation of disease-specific diets, management and organization of mass catering system.

Department of Nutrition and Dietetics was established 2007 and taken its first students in 2011-2012.

In our country because of inadequate dietetians, students graduated our department can find a job in a variety of public and private health organizations.

DEPARTMENT OF NUTRITION AND DIETETICS

- A strong academic staff with international experience
- It is the only public university in the city on the Asian side of Istanbul
- Actual and world standard curriculum
- Common Erasmus study abroad through a network of opportunity
- Social and cultural activities
- Sports, culture and private scholarships
- Easy to find work after graduation

For more information

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DEPARTMENT OF NUTRITION AND DIETETICS

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Dietitian and The Profession of Dietitian

Dietitian, health-related institution of higher education in any of at least 4 years (with a preparatory year for 5 years) nutrition and dietetics education program by completing the "Graduate Diploma in Nutrition and Dietetics," with the dietitian is the person who is entitled to practice his profession, and to do. This occupational group, the first in 1961 as the ILO (International Labour Organisation), the classification made by the professional code of 0.69, 32.23 in 1988, the standardized code.

Dietitian, growth, development and life-long health of all individuals in the conservation, development, nutrition science to improve the quality of life in accordance with the principles governing individual and collective diet plans and programs, the food control, inform and awareness the individual and community, birth and subsequent illnesses and other special medical and surgical treatments when appropriate, natural and therapeutic food composition and dietary program enforces and monitors health professions training programs, by planning area.



Occupation Areas

Dietitian, international professional classification of Medicine, Dentistry, Nursing and other professions are included in the health class

- Hospitals and Outpatients
- Family Health Centers
- Schools
- Renal Care Units
- Kindergarten
- Diabetes Units
- Weight Loss Centers
- Hotels
- Metabolic Units
- Sheltered Housing
- Enteral-Parenteral Nutrition Support Groups
- Workers' Nutrition
- Mass Catering
- Oncology Units
- Sports Nutrition
- Public Institutions
- Transplantation Units
- Nutrition in elderly
- Air Transport Services
- Rehabilitation Units
- School Nutrition Education Programs
- Maritime Transport Services
- Units of Cardiology
- Food Marketing Services
- Railway Transport Services
- Food Control Laboratories
- Restaurants
- International Organizations

In addition, the alumni scholarship as well as nutrition to the public institutions, private or public organizations related to food and nutrition manager, researcher, and also can work as a trainer.

Courses

The first stage of the program includes; chemistry (general, organic, physical and quantitative analyses), biological sciences, mathematics, basic medical as well as nutritional sciences (biochemical nutrition, principles of nutrition and foods etc.) underlying the practice of nutrition and dietetics.

Courses in the second stage are directly related to practice. In addition to theoretical courses and laboratory studies, students carry out practical work in field for community health nutrition and in hospitals for therapeutic nutrition and food service systems in institutions. Through these integrated sequential courses of study, the students develop an understanding of principles, concepts and the skills necessary for profession of nutrition and dietetics as a nutritionist and dietitian.



Rewards of the Dietetic Profession

- Research and learning ability
- Management techniques
- Effective communication techniques
- Professional behavior and ethics
- Quick and effective decision-making ability
- Better human relations, choosing the appropriate communication type and technique / application